

Video	Audio
<p>MS of Sara, standing in the middle of a crowded city sidewalk, pulling her hair out. She faces the camera screaming, while swarms of frenzied professionals rush past her.</p>	<p>(Urgent music)</p> <p>V.O. Narr.: You've had it! There's no way you can go on. You MUST get away!</p>
<p>Sara is tangled in her snow skis, while her frustrated ski instructor looks on</p>	<p>But some vacations can be just as taxing as work.</p>
<p>Cut to CU of a mud faced but smiling Sara...</p>	<p>You need to lie still</p>
<p>Camera expands to LS of Sara (still mud-faced) lying on her back, getting a Green Moss Spa foot massage</p>	<p>and let someone else do the work for a change.</p>
<p>CU: Rich-textured and colorful flowers shoot out toward camera.</p>	<p>Green Moss offers beauty...</p>
<p>Dissolves to MS: same colorful flowers in large garden where Tai Chi instructor leads class in peaceful pose</p>	<p>Serenity...</p>
<p>Sara sits in an office talking to Green Moss representative. Rep takes notes</p>	<p>and a plan for getting it back together</p>
<p>MS: Beautifully landscaped entrance area of Green Moss spa. Front doors open automatically</p>	<p>Enter a world...</p>
<p>Cut to: inside of spa. POV: Sara enters spa lobby. Smiling bellman takes her bags</p>	<p>where impeccable service is standard...</p>
<p>Dissolve to inside of suite: POV of Sara, taking in marble fireplace (lit), plush furniture, with mountainous window view in bg.</p>	<p>Reside in comfort...</p>
<p>Sara locks cell phone in storage locker</p>	<p>free of distractions, like phones or T.V.</p>
<p>Sara dives into Olympic Size Pool.</p>	<p>Choose from several fitness options...</p>

Cut to: Sara hikes through mountains with a group

Cut to: Sara sweats and huffs and puffs through kickboxing class

Designed to both invigorate...

And challenge you...

End of Excerpt