

Video	Audio
<p>Video footage of war, famine, mob violence</p> <p>Diss. to MS: Mary holds her head and screams</p> <p>Mary and her husband sit at table shouting at one another. The table is piled high with overdue bills.</p> <p>Cut to Mary, at work, engaged in a tense telephone conversation while an assistant slams a pile of files on her desk.</p> <p>Mary happily sings hymns in church.</p> <p>Mary sits on living room couch while staring sadly out of window.</p> <p>Mary holds her husband's hand while he lay sick in a hospital bed. She has a peaceful look on her face.</p> <p>Mary lies in bed reading her bible. She closes the bible and smiles in satisfaction.</p> <p>Mary pleasantly exchanges information with another driver following an accident. She shakes his hand.</p> <p>Superimpose text over image of lakeside cabins: "Women's Retreat on Spiritual Discipline"</p> <p>Superimpose text over image of a cross and a bible: Daily prayer, Bible Study, Devotional, Minister to Others</p>	<p>(music: dangerous sounding )</p> <p>V.O. Narr: When sin came into this world, it brought hate, murder and sorrow .</p> <p>(music: high pitched and screeching )</p> <p>What has this done to you?</p> <p>Is the stress and strain...</p> <p>of living in a sinful world getting to you?</p> <p>(music: Sound of congregation singing hymns)</p> <p>Do you find yourself happy on Sabbath?</p> <p>Only to be depressed again by Tuesday?</p> <p>(music: peaceful music)</p> <p>What if you could experience peace, even during difficult times...</p> <p>Patience in waiting for God's answer...</p> <p>And handle stress with ease...</p> <p>(music: upbeat hymn)</p> <p>Through the 10<sup>th</sup> annual Women's Retreat on Spiritual Discipline...</p> <p>you will learn the components of a daily ritual for maintaining peace even through life's toughest circumstances</p>

End of Excerpt